

Class Descriptions

Wee Dance – This class is designed specifically for children ages 2.5-4 years old who enjoy dancing. Young dancers will be introduced to the fabulous world of dance through fun, age appropriate instruction that will include basic dance steps, dance concepts, and improvisation. Skills developed will include dance skills, cooperation skills, listening skills, and social skills. Preferred that dancers be potty trained.

Pre-School Dance - A dance class designed for 3, 4, and young 5 year olds. This blend of movement, music, improvisation, and basic dance steps is an excellent introduction for the future study of dance techniques. Students also learn cooperation skills and dance concepts. In addition to ballet fundamentals, this class will include fun movement activities and a chance for children to unleash their own creativity.

Kinderballet – (ages 4-K) This class includes the learning of dance and theater skills. Dance, music, poetry and pantomime are used to help them grow in physical self-awareness and self assurance. It promotes the love of dance as well as increasing locomotor skills, flexibility, sensory perception and creativity. Students dance barefoot and will learn dance fundamentals to include right/left, patterns, fast/slow movements, and pre-ballet steps.

Kinderballet with tap – (ages 4-K) Kinderballet or Preschool Dance suggested prior to this class. Students start off in tap shoes learning basic tap steps such as toe taps, shuffle steps, and heel digs. After the tap portion of class, students dance barefoot and will learn basic ballet steps.

Combo Class - This class for 5-8 year olds introduces simple floor barre work, floor exercises, along with basic ballet and jazz positions and steps. Each class incorporates stretching, locomotive progressions, creative dancing, props, and partner work. Suggest Kinderballet or Kinderballet with tap first if 5 years old.

Tap - This program, for 1st-4th graders, will introduce students to the fundamentals of tap center floor work, including toe taps, brushes, shuffles, combinations, and riffs. We encourage adding the Combo Class with this class for more dance time.

Ballet 1 - This class is designed for the new dancer (ages 8 - 12) and those who may have had some prior dance training. Students will learn basic ballet positions, terminology and choreography. Students will work on body positioning, basic barre work, stretching and center combinations and across the floor work. An emphasis on correct ballet technique will be applied.

Ballet 2 - This class is designed for the dancer (ages 9 - 13) who has had 2-3 years of ballet training with teacher recommendation. Students will continue their learning of ballet technique, terminology and choreography. Students will work on floor exercises, barre work, center combinations, strength training and stretching. An emphasis on correct technique and alignment will be applied.

Ballet 3 - This class is designed for the dancer (ages 10 - 16) who has had 3-4 years of ballet training with teacher recommendation. Students will continue their learning of ballet technique, terminology and choreography. Students will work on floor exercises, barre work, center combinations, strength training and stretching. An emphasis on correct technique and alignment will be applied. With teacher recommendation students will do pointe work.

Jazz Funk I/II - (Ages 8-16) Students will work on isolations, flexibility, turns, leaps and jumps in jazz classes. Usually fun, fast, dance music is used; students should come to class with a lot of energy and be prepared to have fun learning the style of dance most used on Broadway.

Hip Hop – Ages 7-10 and 11+ A fun, upbeat class taught to high energy music. Hip Hop is the latest rage amongst young people. Its many styles will be explored in class. We keep our hip hop clean and age appropriate. We do suggest technical training in a ballet or jazz class as well.

Adult Tap From toe taps and heel drops, to shuffles, time steps, and riffs, students will learn how to tap, move and perform combinations. Students will learn a dance by the end of the year. A dynamic class for those wanting to explore the fun of movement with rhythm and grace. Great exercise. This course provides an introduction to the basics of contemporary tap styles and techniques. Tap shoes with no heels required.

Karate Plus – This is a traditional Japanese Karate and Jujitsu class taught from a Christian perspective. Karate Plus is a unique program that ministers to the whole person: Body, Mind and Spirit. This program has been in the Pikes Peak region since 1994 and all classes are taught by nationally recognized black belts. Students will learn blocks, kicks/strikes, sparring, forms, pressure points escapes, joint locks, and throws. There will be an occasional bible study, scripture memory and group discussion. Material fee not included in all inclusive tuition. Minimum age to start is 6.

Theater Group - Each semester, this class for students ages 6-16 will produce a stage play to present to family and friends. In addition, this class will introduce your child to the wonderful world of theater by teaching theater commands, learning through doing, the power of pretend play, storytelling, and pantomime. Theater experience helps children develop confidence, vocal, listening and movement skills as well as nurture creativity and self expression. Session tuition includes material fees/costumes fees and production costs.

Art Classes: Art classes are designed for students in grades 1-6. They are held on a session basis. Topics can include recycled art, painting, sculpture and much more!

Group Guitar (Summer Only) - For ages 8 to adult. We'll cover technique, tuning, care and maintenance of the guitar, basic chords, strumming patterns, a few songs and much more! Beginning Students
We also offer private voice, piano and guitar lessons! Space limited, reserve your spot today.